



Greetings family,

I pray that you are all well. First and foremost, I express my deepest gratitude for your vote and support of me returning as President. I do not take this honor nor the responsibilities that come with it lightly. Additionally, I am privileged to be surrounded by an esteemed Board equally as committed to their roles and uplifting Black mental wellness throughout New Jersey. As a board, we are humbled to serve and thrilled to engage.

Before proceeding with announcements, I want to acknowledge the grievance from continued violence that plagues our nation including yet another school shooting, police brutality in NJ, and the remembrance of September 11. I offer my deepest sympathy to how we may be impacted individually and collectively.

I would be remiss to not acknowledge that we are truly in the midst of a voting season, both as a national organization and as a nation. I strongly encourage you to exercise your right to vote. For ABPSI voting, this season is extra special to NJABPsi as our former President, Dr. Monique Swift, is running for President Elect. We have benefited tremendously from her leadership as a chapter and can account for what that leadership can do to ABPSI, nationally. See direct message from Dr. Swift below!

Lastly, the board, under the guidance of our Program Chair, Dr. Alexis Ferugson, have put together an exciting calendar of events for the year ahead. Our goal was to increase in-person engagement to better connect with each other. Take a look at the calendar of events below as we are looking forward to seeing you at our events this upcoming year.

In peace and gratitude,
Barbara A. Prempeh, Psy.D.